IWWF CABLE WAKEBOARD COUNCIL



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<u>Cable Wakeboard Trick List updated</u> 2022

| Trick name | Trick Description | Switch name | Shortcut | | |
|---------------|--|-------------|----------|--|--|
| | Glossary | | | | |
| Heelside | using your heelside edge | | HS | | |
| Toesde | using your toesde egde | | TS | | |
| Front side | a spin wher the first 90 degrees you face towards the line | | FS | | |
| Back side | a spin where the first 90 degrees the rider faces away from the line | | BS | | |
| surface trick | a trick done with the board always in contact with the water | | SF | | |
| side slide | turning the board FS 90 facing up the line sliding along the water | | SS | | |
| powerslide | turning the board BS 90 facing away from the line sliding along the water | | PS | | |
| ollie | a jump where the board leaves the water | | 0 | | |
| grab | an ollie or trick where the rider grabs the edge of the board with their | | G | | |
| switch | riding your irregular foot forward (if you're left foot forward it would be | | SW | | |
| fakie | landing or riding switch | | F | | |
| blind | landing after last half BS rotation handle on the back of the body | | В | | |
| handle pass | where the rider has to pass the handle from hand to hand (normaly on a | | HP | | |
| wrapped | where the rider approaches a spin trick with the handle wrapped around | | WR | | |
| baller | handle pass trick by passing the handle between the riders legs | | BLR | | |
| ole | where the rider does a spin trick but instead of passing the handle it is | | OLE | | |
| on axis | spinning where the board is perpendicular to the water | | Α | | |
| off axis | a spin where the rider changes their axis so the board is not perpendicular to the water | | OA | | |
| | Tricks | | | | |
| 180 | Spins a 180 degree spin where the rider switches foot forward can be FS | | 1 | | |
| 360 | or BS where the rider does a 360 degree spin /1 full rotation/. Can be FS or BS and handle | | | | |
| 540 | where the rider does a 540 degree spin /1,5 rotation/.Can be FS or BS and handle | | | | |
| 720 | where the rider does a 720 degree spin /2 full rotations/. Can be FS or BS and handle | | | | |
| 900 | where the rider does a 900 degree spin /2,5 rotations/. Can be FS or BS and handle | | | | |
| 1080 | where the rider does a 1080 degree spin /3 full rotations/. Can be FS or BS and handle | | 10 | | |

| 1260 | where the rider does a 1260 degree spin /3,5 rotations/ Can be FS or BS and handle | | 12 |
|-----------------------|---|--------|------------|
| 1440 | where the rider does a 1440 degree spin /4 full rotations/ Can be FS or BS and handle | | 14 |
| rewind rotations | Tricks in which rider changes direction of the rotation from FS to BS and oposite. E.g. FR360 REW180 or FS540REW360 | | |
| | Railey tricks | | |
| railey | releasing from a HS edge the board is thrown behind the rider above the | | RLY |
| inverted raley | performed from the kicker when the board goes forward fhe rider above the head in a superman's back lying style | | INV RLY |
| 911 | a BS 90 degree tweeked railey | | 911 |
| Butter fuko | a 911 with a FS 180 | | BF |
| krypt | a railey where the rider does a FS 180 to land opposite foot forward | | KPT |
| hoochie | a railey where the rider grabs the board with his front hand on the heel | | Н |
| ОНН | a railey where the rider grabs the board with his back hand on the heel | | ОНН |
| Blind Judge | a railey where the rider does a BS 180. | blnd | BJ |
| 313 | a railey where the rider does a FS 360 handle pass | | 313 |
| BS 313 | a railey where the rider does a BS 360 handle pass | | BS 313 |
| 315 | a railey where the rider does a FS 540 handle pass | | 315 |
| BS 315 | a railey where the rider does a BS 540 handle pass | | BS 315 |
| 317 | a railey where the rider does a FS 720 handle pass | | 317 |
| BS 317 | a railey where the rider does a BS 720 handle pass | | BS 317 |
| 313 rewind | a railey where the rider does a FS 360 handle pass and rewinds BS | | 313 REW |
| BS 313 rewind | a railey where the rider does a BS 360 handle pass and rewinds FS | | BS 313 REW |
| S-bend | a railey where the rider does a BS 360 with handle above their head | | S |
| Volcan | a S-bend with a rewind frontside 180 | | VLC |
| S-bend to blind | an s bend with an extra BS 180 | | S2B |
| double S bend | a railey with a BS 720 with the handle above their head | | DS |
| double S bend to | a double S-bend with an extra BS 180 | | D2B |
| S-mobe | an S-bend with a FS handle pass 360 | | SMOBE |
| S-mobe 5 | an S-bend with a FS handle pass 540 | | SMOBE |
| S-mobe rewind | an S-bend with a FS handle pass 360 with an extra BS 180 | | SMOBE |
| Heart attack | an S-bend with a BS handle pass 360 | | HRT AT |
| Heart attack 5 | an S-bend with a BS handle pass 540 | attack | HRT AT |
| rubber chicken | a railey with an ole BS 360 | | RUBBE |
| hinterberger | a railey with a FS 360 with the handle above their head | | HINT |
| hinterberger 5 | a hinterberger with an extra FS 180 | | HNT 5 |
| hinterberger to blind | a hinterberger with a BS 180 | | HINT 2B |
| 118 | a double hinterberger (720 rotation) | | 118 |
| 118 900 | a 118 with an extra FS 180 | | 1189 |
| TS railey | TS edge railey | | TS RLY |
| TS krypt | a TS railey where the rider does a FS 180 to land the opporstie foot | | TS KPT |
| TS S-bend | a TS railey where the rider does a FS 360 with handle above their | | TS S |
| TS S-bend to blind | a TS railey where the rider does S-bend with an extra BS 180 | | TS S2B |
| 90210 | a TS railey where the rider does a FS 360 | skud | 90210 |
| TS 313 | a TS railey where the rider does a FS 540 | | |
| TS blind judge | a TS railey with a BS 180 | | TS BJ |

| Sofer | a railey with a FS 360 with the handle above their head with an | | Sofer |
|------------------------|--|----------------|---------|
| | Back Roll Tricks | | |
| Back roll | a HS release where the board rotates nose over tail (reverse | | BR |
| Roll to revert | a back roll with a FS 180 | half | R2R |
| Roll to blind | a back roll with a BS 180 | skeleto | R2B |
| Double back roll | | double half | 2BR |
| Double back roll to ri | | double half | 2BRR |
| Mobe | a back roll with a FS 360 | | MOBE |
| Mobe 5 | a back roll with a FS 540 handle pass | | MOBE 5 |
| Mobe 7 | a back roll with a FS 720 handle pass | | MOBE 7 |
| KGB | a back roll with a BS 360 handle pass | | KGB |
| KGB 5 | a back roll with a BS 540 handle pass | | KGB 5 |
| Big Mac | Ole KGB | | MAC |
| TS back roll | a TS backflip (tantrum) | | TS BR |
| TS back roll to | a TS back roll with a FS 180 | | TS R2R |
| TS back roll to blind | a TS back roll with a BS 180 | | TS R2B |
| pete rose | a TS backroll with a FS 360 | | PETE |
| pete rose 5 | a TS backroll with a FS 540 | | PETE5 |
| pete rose 7 | a TS backroll with a FS 720 | | PETE7 |
| | Front Flip Tricks | | |
| Front flip | HS approach where the rider flips tail over nose (cartwheel) | | FF |
| Front to fakie | a front flip with a FS 180 | | F2F |
| Front to blind | a front flip with a BS 180 | hassle | F2B |
| Front blind mobe | a front flip with a BS handle pass 360 | | FBM |
| Slim chance | a front flip with a FS handle pass 360 | phat | SLIM |
| Slim chance 5 | · | front | SLIM 5 |
| | Front Roll Tricks | | |
| Front roll | a TS front roll with the board rotating heel over toe | | FR |
| scarcrow | a TS front roll with a FS 180 | | SC |
| elephant | a scarcrow with a rewind 180 landng origional foot forward | | FANT |
| crow mobe | | skeeze | |
| crow mobe 5 | ' | skeeze | |
| crow mobe 7 | a TS front roll with a handle pass FS 720 | | CM7 |
| tootsie | a TS front roll with a BS handle pass180 | | TOOTS |
| dum dum | a TS front roll with a BS handle pass 360 | | DUM |
| Mexican roll | HS front roll heel edge over toe edge | | MEX |
| East mobe | a TS front roll with FS 360 rewinded with BS 180 Tantrum tricks | | EMOBE |
| tantrum | a HS back roll | | TAN |
| double tantrum | a double HS back roll | | 2TAN |
| tantrum to fakie | a tantrum with a FS 180 | | TAN 2 F |
| tantrum to blnd | a tantrum with a BS 180 | | TAN 2 B |
| moby dick | a tantrum with a BS handle pass 360 | | MOBY |
| moby dick 5 | a tantrum with a BS handle pass 540 | | MOBY 5 |
| moby dick 7 | a tantrum with a BS handle pass 720 | | MOBY 7 |
| wirly bird | a tantrum with a BS ole 360 | | WHIRY |
| whirly 5 | a whirly bird with an extra BS 180 | | WHIRL |
| whirly dick | a whirly bird with a handle pass BS 360 | | WHIRL |

| double whirly | a double whirly bird (720 ole) | D |
|-------------------|---|--------|
| | | WHIRL |
| | Whip tricks | |
| bell air | a heelside back flip releasing from the water off your toesde rail | BELL |
| bell air to fakie | bell air FS 180 | BELL 2 |
| bell air to blind | bell air BS 180 | BELL 2 |
| moby dick | a bell air with a BS handle pass 360 | MOBY |
| tweetie | a whirly bird off a bell air edge | TWEET |
| tweetie 5 | a tweetie bird with an extra BS 180 | TWEET |
| tweetie dick | a tweetie bird with a BS handle pass 360 | TWEET |
| Ben air | a front roll releasing from the water off your heelside edge | BEN |
| egg roll | a scare crow releasing from the water off your heelside edge | EGG |
| egg mobe | an egg roll with an extra BS 180 | EGG M |
| tootsie | a ben ar with an extra BS 180 | TOOTS |
| | Grabs | |
| Indy | Back hand between the feet toeside edge. | IN |
| Tindy | Back hand toeside edge between back foot and the tail of the board | TIN |
| Tail | Back hand, grab tail edge of the board. | TAIL |
| Tailfish | back hand heelside edge between the back binding and the tail | TAIL F |
| Stalefish | Back hand heelside edge between the bindings. | STALE |
| Melon | Front hand heelside edge between the bindings. | MEL |
| Mute | Front hand toeside edge between the bindings | MUTE |
| Method | Front hand heelside edge between front binding and the nose, | METH |
| Nose | Front hand, grab nose edge of the board. | NOSE |
| Slob | Front hand toeside edge between front foot and the nose. | SL |
| Crail | Back hand, between the front binding and the nose of the board, | CR |
| Nuclear | Back hand, heelside edge between the front binding and the nose | NUKE |
| Seat Belt | Front hand, heelside edge, between the back binding and the tail of | SB |
| Roast beef | Back hand, heelside edge between the bindings, elbow facing heel | RB |
| Chicken salad | Back hand, heelside edge between the bindings, elbow facing toe | CS |
| | Rails | |
| 5050 | HS or TS approach riding along the rail with the nose of the board | 50 |
| BS board slide | HS approach, nose over the rail (frontside 90degree rotation), | BB |
| front lip | TS approach, tail over the rail (frontside 90degree rotation), facing | FL |
| back lip | HS approach, tail over the rail (backside 90degree rotation), facing | BL |
| front board | TS approach, nose over the rail (backside 90degree rotation), | FB |
| Gap | A jump performed from rail to the same rail | GAP |
| Transfer | A jump from one part of the feature to another or from one rail to | TSF |